

# SHAC MEETING

Meeting of the Gilmer ISD School Health Advisory Council was held at the Gilmer ISD Administration Building located at 500 S. Trinity St. Gilmer, Texas on Monday, April 2, 2018, at 8:00 a.m. – 9:00 a.m. and 4:00 p.m. – 5:00 p.m.

## Attendees:

Greg Hanlin

Jana Metzel

Jennifer Hanlin

Brian Bigelow

Jeff Hamilton

Wanda Threadgill

Jerry Davis

Rusty Ivey

## Minutes:

1. Reviewed SHAC purpose (Jeff Hamilton).
2. Reviewed GISD Wellness Plan. Wellness Plan had been adopted at 10-10-2017 meeting. Plan had been revised to include all students at GES and GIS will receive Free Breakfast and Lunch. Plan had been approved by Reg.7 ESC Personnel before being adopted in October, 2017.
3. Awareness Calendar with events was presented to SHAC for consideration of items and had been formulated with events to include for 2018-2019 school year. A final draft will be included in Dec. SHAC meeting for approval.
4. Discussion was held concerning CRASE, Civilian Response to Active Shooter Event, Training for GISD staff at a future date. Training can be completed by Texas Dept. Public Safety officers.
5. Discussion was held concerning band as an elective instead of PE at the junior high. Concern was that students were not getting the amount of exercise per day required by district policy.
6. Discussion was held on the amount of exercise that students get at events and what students are encouraged to perform. Consideration can be given to encourage students to perform light workout in mornings to get mind and body ready for learning.
7. Future SHAC meetings were scheduled for Dec. 4, 2018; Feb. 19,2019; and April 30,2019